

October Happenings

Thank you to everyone who supported the Avalon School My School Color Run on September 16! It was a great morning and a wonderful kick off for 8th grade's fund raising.



Avalon 's 5th-8th grade went to Veterans Plaza on 21st Street to participate in the Hero Marker Ceremony honoring a fallen soldier during NJ Run for the Fallen. Our students represented our school well and showed their respect and support by creating banners, singing songs, and cheering for the runners.

National Junior Honor Society and Student Council went to Escape Cape May for a team building workshop. Students needed to work as a team to solve complex clues which helped them "break out" of detention and jail. Our students learned the value of communicating and working together toward a common goal! We hope they'll apply these strategies as student leaders in our school.



Fall is Here!

Students in Avalon are using the new stationary bicycles in class each day to peddle their way to better fitness. Students have 4 bikes available to use during class and recess. Two are upright and two are recumbent. Right now students are working on peddling off the calories of their favorite snacks. What a wonderful addition to our gymnasium! !



Mrs Gilhooley's homeroom all wearing red, white and blue to show support for our fallen veterans.



PRESCHOOL FUN!



October Events:

Community Service: Socktober October 2-31

10/4 Ride or Walk to School Day

10/5 School Picture Day

10/6 Staff In service Day - School Closed

10/9 Columbus Day Observed - School Closed

10/1-10/13 Grade 7 to Echo Hill

10/12 Fire Prevention Presentation

10/18 Pink Hair Extensions for Breast Cancer

10/18 Chefs' in the Kitchen Pk & Grade 5

10/18 Avalon Board Meeting 6:00PM

10/19 Grade 4 & 5 Trip to American Revolution Museum & Constitution Center

10/23-31 Red Ribbon Week /Spirit Week

10/24 PK & Kdg. Trip to Pumpkin Patch

10/24 Avalon Library Afterschool Activity (Gr. 5-8)

10/26 MakerSpace 4:00-5:30

10/27 Halloween Dance

10/31 PK and KDG. Halloween Parade 2:00



STONE HARBOR KIDS' HARVEST FESTIVAL OCTOBER



AVALON TRUNK OR TREAT 5:00 PM



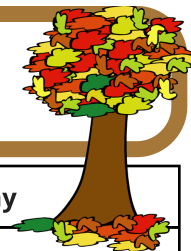
October 2017



Monday	Tuesday	Wednesday	Thursday	Friday
2 Socktober - Oct. 2 - 31 	3	4  Walk/Ride Your Bike to School Day H&S/PTC Joint Mtg - 5:30 CHOIR 'til 4:30 	5 SCHOOL PICTURES TODAY 	6 SCHOOL CLOSED STAFF IN SERVICE
9 SCHOOL CLOSED COLUMBUS DAY OBSERVANCE	10 Gr. 7 to ECHO HILL	11 Gr. 7 to ECHO HILL CHOIR  'til 4:30	 Columbus Day Columbus Day Gr. 7 to ECHO HILL Fire Prevention Event	13 Gr. 7 to ECHO HILL
16  BAND Practice 'til 4:30	17	18 Pink Hair Ext. Day Chefs in the Kitchen - PreK & Gr 5 CHOIR 'til 4:30  Bd. of Ed. Mtg - 6:00 pm	19 Gr 4 & 5 to Philadelphia	20 
23   BAND Wear Red Day Practice 'til 4:30	24 Dress as Good or Evil PreK to Pumpkin Patch United Nations Day	25 Class Color Day CHOIR 'til 4:30 	26 Dress for Future Career Maker Space - 4:00 - 5:30	27 Wear Black & Orange Gr 5-8 Halloween Dance
30  BAND Practice 'til 4:30	31 Pre-K and K Halloween Parade at AVES - 2:00 pm			



OCTOBER 2017



Monday	Tuesday	Wednesday	Thursday	Friday
2 Hamburgers Lettuce & Tomato Tater Tots Fruit Milk	3 Grilled Cheese Soup Mixed Veggies Fruit Milk 	Baked Chicken Mashed Potatoes Peas Fruit Milk	5 Pizza Salad Chips Fruit Milk 	6 Teacher In-Service School Closed No Lunch
9  Columbus Day School Closed	10 Wings Celery Fries Fruit 	11 Stuffed Shells Garlic Bread Salad Fruit	12 French Toast Sticks Bacon Hash Brown Fruit 	13 Pizza Salad Fruit Pudding
16 Hot Dogs Veggies Tater Tots Fruit	17 Mac & Cheese Soup Carrots Fruit 	18 Chicken Tenders Buttered Noodles Veggies Fruit	19 Chili Baked Potato Veggies Fruit	20 Pizza Salad Ice Cream Fruit 
23 Waffle Canadian Bacon Hash Browns Fruit 	24 Meatball Sandwich Salad Fruit Milk 	25 Grilled Cheese Soup Veggies Fruit Mil 	26 Pierogies Veggies Pudding Apple Sauce Milk	Pizza Salad Fruit Milk
30 Cheese Steaks French Fries Sala Fruit Milk 	31 Tacos Lettuce & Cheese Salados & Chips Fruit Milk		Alternate Lunches Available Daily - Chicken Caesar Salad, Tuna or Cheese Sandwich on Whole Wheat Bread with Let. & Tomato Milk Choices - 1% White or Skim White & Fat Free Chocolate	

**Special
Olympics**
New Jersey



Now Recruiting Special Olympics Floor Hockey Team Ages 8 to 21



Free to all Special Olympic athletes!

Evaluation sessions: Saturday 9/30 & 10/7 9:30 -10:30 am
Upper Township Primary School, 130 Old Tuckahoe Rd, Marmora

Practices: Saturday mornings 9:30 - 10:30 am October: 14, 21 & 28 Alternating
Saturdays in November/December 9:30 - 10:30 am Upper Township Primary
School, 130 Old Tuckahoe Rd, Marmora

**Special Olympic League Games (3) Alternating Saturdays in November/December
At Burlington City High School**

State Tournament: January 6-7, 2018 at Stockton University

Register online: www.utchallengersports.com/special-olympic-sports

Questions? Contact: Daryl DiTroia UTChallengerSports@gmail.com

Kathy Turcotte Kturcotte83@gmail.com

Website www.UTChallengerSports.com

AVALON AND STONE HARBOR PARCC TESTING INFORMATION 2017-2018								
Assessment Name	Subject Area	Grade Level Tested	Testing Time	Testing Mode:*	Testing Time allotted per student **	Testing window***	Results Available to Districts****	
PARCC	Math	3 through 8	Spring	Computer	4 hours	Spring: April 16 thorough April 20;	Spring : June 24, 2018	
	ELA	3 through 8	Spring	Computer	4 hours	Spring: April 16 thorough April 20	Spring : June 24, 2018	
*TESTING REFERS TO HOW THE STUDENT WILL BE ADMINISTERED THE ASSESSMENT.								
**'TESTING TIME' IS THE MAXIMUM AMOUNT OF TIME ALLOTTED. MOST STUDENTS FINISH WELL IN ADVANCE.								
***THE TESTING WINDOW IS THE PERIOD IN WHICH THE PARCC IS ADMINISTERED.								
****THIS COLUMN IS WHEN REPORTS WILL BE AVAILABLE TO THE SCHOOL DISTRICT.								



Red Ribbon Week 2017 October 23-27 Spirit Days

Monday, October 23 Proud to Be Drug Free

Wear Red

Tuesday, October 24 Vs. Day (Good vs. Evil)

Choose your side, good or evil, and dress as a good character or evil character from popular culture

Wednesday, October 25 Color Day

Wear your class color....

Kindergarten: red

First Grade: orange

Second Grade: yellow

Third Grade: green

Fourth Grade: blue

PreK3: purple

PreK4: blue

Fifth Grade: green

Sixth Grade: yellow

Seventh Grade: orange

Eighth Grade: red

Thursday, October 26 Your Future is Key so Stay Drug Free

Dress for your future career

Friday, October 27 Say Boo To Drugs

Wear: black and orange

SOCKtOBER

STUDENT COUNCIL IS
COLLECTING NEW SOCKS
FROM OCTOBER 2-OCTOBER
31.

BRING IN NEW SOCKS
FOR THE HOMELESS.



Create. Design. Engineer. Experiment. Fashion. Invent. Tinker.
Collaborate. Explore. Share.

Ask Questions



Before Taking Opioids

When your prescriber recommends treating your pain with a prescription opioid such as hydrocodone, oxycodone, codeine, or morphine, **ask if it is right for you and about alternatives.** Additionally you may ask:

How long should I take this medication?

Ask that your prescriber provide you with the lowest dose and the smallest quantity needed to treat your pain. Ask about a plan for the gradual reduction of opioid use during your prescription.

How can I reduce the risk of potential side effects from this medication?

Take your medicine exactly as prescribed. Learn about side effects (such as excessive sleepiness or a feeling of craving more of the medication) and when to call your prescriber or go to the hospital.

What if I have a history of addiction?

Tell your prescriber about any history you or a family member may have had with substance misuse or addiction to drugs or alcohol.

Can I share this medication?

No. What's safe for you might lead to an overdose for someone else.

more...

continued



Ask Questions *Before Taking Opioids*

What about the other medications I'm taking?

Tell your prescriber about all of the medicines you are taking, especially those prescribed to treat anxiety, sleeping problems, or seizure and ask about possible interactions.

How should I store my opioid medicine?

If you have children at home – from a toddler to a teenager – consider a lockbox to secure your medications. Even one accidental dose of opioid medicine meant for an adult can cause a fatal overdose in a child. And people who you'd never expect may look for a chance to steal these medicines.

What should I do with unused medicine?

Safely dispose of unused medications – especially opioids – by taking advantage of **Project Medicine Drop** or other take-back programs. New Jersey's **Project Medicine Drop** makes it easy to safely and securely dispose of your unused medications and is available 24/7/365. Call **973-504-6263** or visit **www.njconsumeraffairs.gov/meddrop**.



Ask Questions *Before Taking Opioids*

www.njconsumeraffairs.gov/prescribing-for-pain



Student Council is hosting an after school pumpkin painting activity for **PreK3 and PreK4** students on

October 26, 2017 in the

multipurpose room at Avalon School.

PreK Pumpkin Paint will start at **3:15pm and run until 4:15pm**

Student Council will provide a pumpkin, paint, snack, and a drink for each PreK participant.

Please have PreK students bring an old tshirt or something to act as a smock.

Contact Kelly McCorristin with questions mccorristin@avesnj.org

Return the bottom portion to school by October 19.

STUDENT NAME: _____ GRADE: _____

PARENT NAME: _____

PARENT EMAIL: _____

PARENT PHONE NUMBER: _____

FOOD ALLERGIES: _____

Halloween Dance

5th-8th grade

10.27.17

In the gym

6pm-9pm

\$5

Costume Contest

Most Creative.Funniest.Most Original.Spookiest.
Best Duo.Best Overall

2 guests per student. All guests need permission slip

Questions:

mccorristin@avesnj.org





SHES 2017



Halloween Carnival!!!

Spooktackular Fun
For the Whole Family
Games, Prizes, Tricks, & Treats
Costumes are Encouraged!

Friday, October 27th
6-8pm
Stone Harbor
Elementary



This event is open to Avalon Pre-K and
Stone Harbor K-4 Families

LET'S DO THINGS TOGETHER!

Wednesday, October 4 @ 5:30 PM

Jack's Shack (96th Street, Stone Harbor)

Join the Avalon Home and School and
Stone Harbor PTC for a joint meeting!

Contact:

Deanna Wilson johnjackalli@gmail.com

Kelly McCorristin mccorristin@avesnj.org

Avalon Home and School Ornament Sale

Avalon and Stone Harbor Schools logo
ornaments are available for \$10.

Orders
due by
October 2



Ornaments will
also be available
for purchase at
Back to School
Night!

Name _____

QTY _____ X \$10 = TOTAL _____

Checks payable to Avalon Home and School Association

Please return orders and payment by OCTOBER 2, 2017.

Contact Kelly McCorristin with questions
mccorristin@avesnj.org



Wednesday, October 4, 2017 is National Walk to School Day.

There are two ways to participate.

- 1) If you live close enough, walk or ride your bike to school from home.
- 2) If you get a ride to school, get dropped off with the crossing guard on the corner of 30th and Dune, walk 1 lap around the track, and then come into school as you normally would.

If you have any questions, contact Ms. Krause, krause@avesnj.org or
Miss McCorristin, mccorristin@avesnj.org